



# Dental Hygiene

dental32

# Dental Hygiene Therapy

Taking care of your teeth will not only give you a winning smile but is also important for your overall health.

A healthy mouth will help you eat well, feel confident and look great, and regular visits to the hygienist are an integral part of your oral healthcare regime.

Our hygienist, Siobhan, plays a crucial role in the prevention and treatment of gum disease.

After an initial assessment Siobhan will discuss relevant treatments with you including:



Treatment of gum disease that causes bleeding and loose teeth



Teeth cleaning and polishing



Removal of tough stains using a modern power jet called 'Air Flow'



Treatments to help combat bad breath



Working with the dentist to provide tooth whitening



Fissure sealants, a protective tooth coloured coating applied to the biting surfaces of back teeth to help prevent tooth decay.



Most importantly, Siobhan will work closely with you to advise you on how best to maintain your oral health at home between appointments, and will recommend a long term maintenance regime.

By attending the dental hygienist regularly and maintaining good oral hygiene at home, our hygienist can help you achieve better health.

A great way to help you maintain the overall health of your mouth is by joining one of our Dental care plans or the hygiene only plan from £6 per month; it's a great way to spread the cost too.

Siobhan can discuss these options with you and recommend the plan that is the right fit for you.



Regular visits to the hygienist is a key element in managing and maintaining your oral health and wellbeing. I have found that my Denplan patients' have shown great improvement in their oral health and overall wellbeing, and I would highly recommend joining our dental care plan so that you too can enjoy all the benefits too

Siobhan Hurrell, Dental Hygienist



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My dental hygienist Siobhan did a great job. She is very professional and has a lovely way with her.

Noreen

Siobhan Hurrell has been a dental hygienist since 2001. Siobhan has a wealth of experience treating nervous patients, patients who have chronic gum disease and keeping patients mouths clean and healthy throughout their orthodontic treatment. Her greatest strength is the time she takes to advise and support her patients, helping them gain control of their oral health. Our patients love going to Siobhan because she is so gentle.

Direct Access is available with our hygienist; everyone is welcome to attend.

Would you like to know more about Dental Hygiene?

Call 028 7963 3435

Visit [dental32.co.uk/treatments](https://dental32.co.uk/treatments)

Dental 32, 32 Rainey Street, Magherafelt, BT45 5AQ

Opening Hours - Mon, Tues & Thurs: 8.30am - 5.30pm | Wed: 8.30am - 8.00pm | Fri: 8.30am - 2.00pm